

# Sehat Zindagi Plans

# What Are “Sehat Zindagi Plans”?

- **Comprehensive Health Insurance Packages**
- **Helps in case of Hospitalization (Pre & Post)**
- **Cashless Facility – @ Panel Hospitals**
  - **Reimbursement in case of Non – Panel Hospitals**
- **Financial help in case of Child Birth**
- **Entire family can be covered**

# What Are “Sehat Zindagi Plans”?

- **Comprehensive Health Insurance Packages**
  - **Pre & Post hospitalization Medicines & Tests**
  - **Physician/Surgeon Charges**
  - **ICU/CCU, OTC, Surgery Charges, ECG & EEGs, Anesthetist’s Fees, MRI, CT Scan, Ultra sound or any diagnostic tests, Ventilator and Allied Services**
  - **Pathological & Radiological Investigations treatment**
  - **Angiography &/or Angioplasty**
  - **Diagnostic or Therapeutic Endoscopy Procedures**
  - **Prescription Drugs Used during Stay**

# What Are “Sehat Zindagi Plans”?

- **Comprehensive Health Insurance Packages**
  - **Blood & Oxygen Supplies**
  - **Trauma & Accidents**
  - **Dental Treatment (accidents only & for pain relief only)**
  - **Hospital Consultations**
  - **Emergency Ambulance (Local transportation to hospitals)**

# Benefits of “Sehat Zindagi Plans”

## TPL Life Individuals & Family Plans

	Tahafuz (PKR)	Rahat (PKR)	Aafiyat (PKR)	Salamati (PKR)	Aaram (PKR)
<b>*Over all Limit of the Plan</b>	60,000	100,000	200,000	350,000	500,000

**\* Hospitalization/Room & Board Limits/Basic Hospitalization Limit**

<b>Panel Hospital</b>	No Co –payment				
<b>Non Panel Hospital</b>	80 : 20				

**Sub Limits (A)**

<b>Daily Room &amp; Board</b>	1,000	1,500	G-Ward	Semi Private	Private
<b>Accidental Emergency</b>	10,000	15,000	20,000	35,000	50,000
<b>Emergency Evacuation</b>	NA	25,000	35,000	50,000	

# Benefits of “Sehat Zindagi Plans”

Sub – Limits (B)					
	Tahafuz (PKR)	Rahat (PKR)	Aafiyat (PKR)	Salamati (PKR)	Aaram (PKR)
Pre & Post hospitalization Expense Benefits (up to 30 days Pre & Post hospitalization) Ambulance Services Expenses Specialized Investigations (MRI, CT Scan, Endoscopy & Thallium Scan)	<b>Covered at Actual Costs</b>				

# Additional/Optional Cover

Maternity					
	Tahafuz (PKR)	Rahat (PKR)	Aafiyat (PKR)	Salamati (PKR)	Aaram (PKR)
Limits (Normal Delivery)	<b>10,000</b>	<b>15,000</b>	<b>25,000</b>	<b>30,000</b>	<b>50,000</b>
C-Section	15,000	22,500	37,500	45,000	75,000
D&C	<b>4,000</b>	<b>5,000</b>	<b>7,500</b>	<b>12,500</b>	<b>25,000</b>

- **10 months waiting period will be applicable**
- **Cover will be applicable incase Policy is availed by both Husband & Wife**

# Who Can Buy?

Maternity					
	Tahafuz (PKR)	Rahat (PKR)	Aafiyat (PKR)	Salamati (PKR)	Aaram (PKR)
Entry Age	<b>6 months to 70 years</b>		<b>6 months to 60 years</b>		
Maximum insurable Age Limit	<b>75 years</b>		<b>64 years</b>		



# What is the Price?

Maternity					
Age Band	Tahafuz (PKR)	Rahat (PKR)	Aafiyat (PKR)	Salamati (PKR)	Aaram (PKR)
06 months to 18 years	2,623	3,303	4,353	6,256	8,674
19 to 29 years	2,845	3,583	4,722	6,786	9,410
30 to 34 years	3,290	4,143	5,460	7,846	10,880
35 to 39 years	3,912	4,927	6,493	9,330	12,938
40 to 44 years	4,912	6,087	8,153	11,716	16,246
45 to 49 years	6,068	7,642	10,071	14,473	20,069
50 to 54 years	6,888	8,674	11,431	16,427	22,779
55 to 59 years	8,082	10,179	13,413	19,276	26,729
60 to 64 years	9,706	12,224	16,108	23,149	32,100
65 to 69 years	14,247	17,942	NA	NA	NA
70 to 75 years	23,188	29,204	NA	NA	NA

# What is the Price - Maternity?

## Maternity (Optional)

	Tahafuz (PKR)	Rahat (PKR)	Aafiyat (PKR)	Salamati (PKR)	Aaram (PKR)
<b>Maternity Cover Price</b>	<b>4,760</b>	<b>7,140</b>	<b>11,900</b>	<b>12,159</b>	<b>20,266</b>

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**THANK YOU**